2019 was another year of growth and change for Lake Region Healthcare and our supporting Foundation. While compiling an annual report is a useful exercise in looking back, in celebrating accomplishments and in marking a point in time, it’s also useful in setting the stage for the future and we are excited about the opportunities that lie ahead as we strive to be a community resource for improving health & wellness throughout our nine-county region.

As we look ahead to 2020, I want to extend appreciation to the many Corporate and Foundation Board Members who give so generously of their time and talent by providing wise governance oversight and unmatched support to the organization. These leaders are helping set the vision for the person-centered, independent and autonomous health care organization we aspire to be.

With the partnership of Lake Region Medical Group and its 85+ physicians and advanced practiced the providers, the dedication of our 1,000+ employees, the help of generous donors, and the support of our community, we look forward to 2020 with great hope and purpose. I’m humbled to be leading the efforts at this exciting time in our history.

KENT MATTSON
Interim CEO, Lake Region Healthcare
AWARDS OF EXCELLENCE

The Lake Region Healthcare (LRH) Foundation honored Jamie Nordick and Gary Spies with the organization’s inaugural Award of Excellence at their spring gala ‘Steppin’ Out With My Baby’ on Friday, April 12th, 2019.

Nordick, who is the LRH Cancer Center Director, received the “Spirit of Excellence Award” in recognition of the outstanding efforts of an LRH staff member, while Spies was the recipient of the “Distinguished Community Service Award” for his dedication to community service and his impact on the well-being of our community.

The Foundation received several outstanding nominations for these awards according to LRH Foundation Coordinator, Laura Gervais.

“It was heart-warming to read so many stories about staff and community members who are making a difference through their contributions and their extraordinary commitment to improving the lives of people in our organization and our communities,” she said. “We were so excited to highlight them and their efforts at the Gala. They are both so humble and both so deserving of this special honor,” she added.

STEPPIN’ OUT GALA RAISES $30K FOR WOMEN’S & CHILDREN’S HEALTH SERVICES

Friends of the LRH Foundation gathered at M State’s Legacy Hall in Fergus Falls on April 12th to enjoy an evening of celebrating the impact of LRH in our community, recognizing the Awards of Excellence winners, and fundraising for the Women’s & Children’s Birth Center. In total, over $30,000 was raised through a silent and live auction, raffles, and direct sponsorship of items for the birth center such as high-end robes for delivering mothers, fridges & furniture for family use in patient rooms, and supportive healing amenities such as massage therapy. These services emphasize not only exceptional patient and family experience, but also improving health outcomes, overall well-being and quality of life.

This is just one example of the Foundation’s effort to partner with donors to support LRH in elevating the care experience and standing out as an independent health care provider of choice.

Friends of LRH
Palinave Level Sponsor
Sawtooth Dental
Gold Level Sponsor
Flagship Dental
Silver Level Sponsor
Security State Bank
Erizard Jones, Matt Hendrickson
Promotions, Inc. Office
Bronze Level Sponsor
M Sports
BM Missions
Coffey Communications
Maw’s Stad Marketing
A1st Insurance
Citizen T-Nico’s/Flarkie Telephone
Lightning Broadcasting

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10 YEARS OF WORLD CLASS CANCER CARE IN FERGUS FALLS

December 2019 marked the 10-year anniversary date since the first cancer patient walked through the doors of our Cancer Care & Research Center. Thanks to the generous support of this community to build this state-of-the-art facility, over 6,000 men and women have received world class cancer care right here in Fergus Falls since the Cancer Center’s inception in 2009.

To celebrate this important milestone staff, families and donors gathered at the Cancer Center on December 4th to look back at where we’ve been, how we’ve grown, and where we’re going. Dr. Wade Swenson and Tessa Martinson were featured speakers who highlighted the extraordinary things happening every day inside the walls of the Cancer Center.

Following the speakers a Christmas tree lighting ceremony “Lights of Love and Hope was held. The event featured a tree donated in memory of patient Theodore Waskosky and adorned with ornaments hand-painted by local art students to reflect the spirit of love and hope that lives on each day at the Cancer Center.

Tessa Martinson and her husband Jon began their cancer journey in 2018 when Jon was diagnosed with melanoma cancer. Jon bravely battled cancer and passed away in October 2018. Tessa shared her journey and experience through their time at the Cancer Center as part of the 10-year celebration. She also donated the artwork pictured above, “Wings of Hope.”
MEDICAL PROFESSIONS SCHOLARSHIPS

In June, Lake Region Healthcare (LRH) Foundation announced the recipients of their 2019 Healthcare Professions Scholarships. Madeline Iversen, Megan Aasness, Cristina Masten and Anna Kotten have each been selected by the Foundation to receive a five thousand dollar scholarship. This was the fourth year of the LRH Foundation Healthcare Professions Scholarship program.

About the Recipients

Madeline Iversen is in nursing program at North Dakota State University. Megan Aasness is in the nursing program at the University of Northwestern. Cristina Masten earned her Doctor of Osteopathic Medicine last spring. Anna Kotten is in the occupational therapy program at St. Catherine University.

The 2020 scholarship applications will be available in March on the Lake Region Healthcare’s website under Foundation. Past applicants who have not received scholarship awards are encouraged to re-apply.

The mission of the Lake Region Healthcare Foundation is to

gather, steward and distribute resources

needed to support and advance the mission of Lake Region Healthcare and its affiliates.

GRANTS & AWARDS

Over 25 programs were given gifts totaling more than $120,000 in grants awarded by the LRH Foundation in 2019.

Program supported by the Foundation help ensure LRH is able to meet its mission of helping people in the region improve their health.

Recipient & Project

LRH Cancer Center
Supportive Care Programming
CPR Training Equipment
Blood Flow Restriction Rehab
Brain Injury Support Group
Driver Rehabilitation
Sports Medicine AED
Sleep Sacks
Period of Purpul Crying
Rock Steady Boxing
Childhood Obesity Wellness class
Community Resilience Project
Community Health Challenge & Expo
Bike rack for clinic
Community Adult Playground
Consumer Take Back program
Emergency Medical Supplies
2018 Home Build
Supplies for Nursing Assistant program
Playground grant
Marketing healthy foods in school
Otter Tail Nordic Ski program funding
A Place to Belong program funding
Furnishings for Child Care Center
Program Funding
Sponsorship for LRH/STS fundraising event
Enhance Fitness Program

Thifty White Pharmacy
Dalton Fire and Rescue
FF Habitat for Humanity
M State
Campbell Improvement committee
IS0 544
Otter Tall Nordic Ski
A Place to Belong
Battle Lake Youth Center
BIO Girls
Shatter the Silence
YMCA

The mission of the Lake Region Healthcare Foundation is to
The generous donors to Lake Region Healthcare’s Cancer Care & Research Center Capital Campaign are recognized in a new donor recognition display in the cancer center’s main hallway. Along with the Capital Campaign donors, a touch screen electronic display allows donors to search for gifts and memorials given to the cancer center since it opened in 2010.

Donors to Lake Region Healthcare Foundation are now recognized in a display in the lobby of the new clinic building. Near the Thrifty White Pharmacy and laboratory area, the donor display includes giving levels of Legacy, Founder, Pillar, Leadership, Humanitarian, Steward, and Friend. Additionally, a touch screen monitor offers a searchable donor and memorial listing.

Donors and Gifts Recognized since Opening in 2010:
- Donald & Marie Roberts
- Estate of Jane Elaine Andrews
- Gary and Ilaron Spies
- James and Arlene Palmer
- Staker Lake Golf Course Bar and Grill
- Conard Family Foundation
- Stinchcomb Family Foundation
- The Lake Region Run
- The Lundeen Foundation
- Pebble Lake Golf Course
- Henry Saeugling
- Circle of Hope

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"In helping others, we shall help ourselves, for whatever good we give out completes the circle and comes back to us." – Flora Edwards

Your support continues to play an essential part in the care we provide. Gifts and donations help contribute to the quality of healthcare for the people of this area by helping pay for renovations, special projects, and new equipment. These improvements mean better healthcare for you and your loved ones.

How To Support the Foundation:
- LRH Capital Campaign
- Cancer Center Survivorship Fund
- Endowment Fund
- Area of greatest need

Donate online at lrhc.org/foundation or by calling Laura Gervais at 218.736.8498.
LAKE REGION HOSPITAL
712 S Cascade St, Fergus Falls

WALK-IN CLINIC
2311 W Lincoln Ave, Fergus Falls

ASHBY CLINIC
110 Co Rd 82 E, Ashby

MAIN FERGUS FALLS CLINIC
111 W Vernon Ave, Fergus Falls

BATTLE LAKE CLINIC
410 Lake Ave S, Battle Lake

BARNESVILLE CLINIC
209 Second St SE, Barnesville

Also Serving Elbow Lake, Morris, Evansville and Hoffman in Partnership with Prairie Ridge Hospital & Health Services.